



Care Partners News Spring 2015

Care Partners Takes the Next Step

By 2016 Care Partners will become an independent nonprofit, tax exempt organization. It's a move we've been working towards since our strategic planning in 2012. Care Partners has been supported as a program of the North Shore Health Care Foundation from the beginning. We wouldn't be here without their vision and willingness to support a new and fledgling program. Now that Care Partners has grown into a successful program providing vital services in the community, it's time to 'leave the nest'.

Care Partners is pleased to continue to partner with the North Shore Health Care Foundation, sharing administrative costs and collaborating on joint programs. We are excited about the new opportunities that becoming an independent nonprofit will give us. It will open up new funding

avenues and help us build stronger leadership focused solely on Care Partners' programs, client needs and sustainability.

Care Partners will continue much the same, providing the same excellent services to the community such as care coordination, caregiver support, advance care planning, volunteer companionship and assisted transportation. At the same time, we are building a foundation so that we can grow and adapt to the increasing needs of our aging population.

Thanks to Northland Foundation's Rural Aging Initiative and NSHCF's Care Partners Oversight Committee for supporting this transition with careful thought, training and expertise. Thank YOU for your continuing support. For now you can continue to support us by designating gifts and memorials to Care Partners/NSHCF.

Alzheimer's Conference

Dr. Terry Barclay, PhD, LP

Dr. Barclay, a frequent speaker on timely detection of cognitive impairment in older adults, is Director of Neuropsychology at Health Partners & Regions Hospital, and Professor of Neurology, University of Minnesota.



The event is free. It is co-sponsored by the North Shore Health Care Foundation and funds from a Community Service/Community Services Development Grant from the Minnesota Department of Human Services.

Community Open Forum

Tuesday, April 28, 4-6 pm

Sawtooth Mtn Clinic lower level classroom
Dr. Barclay's talk will be followed by a panel of local resource people who work with individuals with Alzheimer's and dementia.

Presentation for Professionals

Wednesday, April 29, 8-10 am

Hospice Foundation of America's Living with Grief® Program

The Longest Loss: Alzheimer's Disease & Dementia

Tuesday, May 5, 1-3:30 pm
Sawtooth Mtn Clinic classroom

This Webinar will identify how medical & social service professionals can best help patients, families and themselves cope with loss and grief associated with Alzheimer's Disease or other forms of dementia.

Continuing education credits available.

Companion & Respite Volunteer Training

May 20, 26, June 2 from 4-7:30 pm

Share your time and the gift of a friendly presence or much needed break from caregiving. Call for more information or to register.

Staff

Kay Grindland
Care Partners Director

Marnie Hovland, RN
Care Coordinator

Debi LaMusga
Senior Rides Coordinator

Sandy Stover, MD
Medical Director

Services

Palliative Care Coordination

Focus on quality of life, planning and support for those with serious illness or at end-of-life.

Volunteer Visits

Trained volunteers provide Friendly visits, check-ins and presence at end-of-life.

Caregiver Support

Our trained Caregiver Consultant helps assess needs, reduce stress, gather support, connect with other caregivers and cope with a loved one's illness.

Respite

Volunteers sit with a loved one to give caregivers a break.

Resource Coordination

Assistance finding resources that work for your goals.

Advanced Care Planning

Coaching to complete a health care directive and communicate wishes to family.

Senior Rides

Assisted transportation for those 60 & over with trained volunteers in Cook County and to Duluth.

Contact 387-3788 or
carepartners@boreal.org

PO Box 282,
Grand Marais, MN 55604
for more information.



Thank You to all who helped fund Care Partners in 2014

Community Service/Community Services Development Grant
from the Minnesota Department of Human Services
A Federal Older Americans Act Grant from the ARDC Arrowhead Area Agency on Aging
The Scott Hawkins Fund of the Duluth Superior Area Community Foundation

Program Report for 2014

Clients served in 2014

- 41 for caregiver support
- 36 for palliative care coordination
- 6 for end-of-life
- 22 for volunteer companionship
- 5 for volunteer respite services
- 37 clients for Senior Rides

Total unduplicated clients served: 108

44 volunteers provided 2052 hours of service!

Senior Rides provided 549 one-way rides.

Senior Ride Volunteer Training

Thursday, May 7, 1-3pm. Call Debi at 387-3788.

Caregiver Group & Group Respite on Break

Care Partners was pleased to support several caregivers and their loved ones through our Caregiver Support Group and Group Respite Program. Sadly, many of these loved ones have passed or moved to the Care Center, so we're taking a break. Volunteers are available for respite in the home and we will restart these programs when there is a need. Let us know if you are interested. Meanwhile many thanks to staff and our many volunteers for their help!

Farewell to Jeannette

Our wonderful RN Care Coordinator, Jeannette Lindgren is retiring April 1. We can't thank her enough for all she gave to Care Partners. She pioneered her role and filled it with compassion, wisdom and humor. Jeannette helped build Care Partners into what it is today and has always been a strong advocate for our clients. Congratulations on your retirement! The public is welcome to join us to say farewell at an **Open House on April 21 from 2-3 pm** in the classroom, lower level of the clinic.



Our wonderful RN Care Coordinator, Jeannette Lindgren is retiring April 1. We can't thank her enough for all she gave to Care Partners. She pioneered her role and filled it with compassion, wisdom and humor. Jeannette helped build Care Partners into what it is today and has always been a strong advocate for our clients. Congratulations on your retirement! The public is welcome to join us to say farewell at an **Open House on April 21 from 2-3 pm** in the classroom, lower level of the clinic.

Welcome to Marnie Hovland

We are pleased to welcome Marnie Hovland as Care Partners' new RN Care Coordinator. She comes with excellent skills & experience at both the local clinic and hospital. Most importantly, she has the compassion, respect for everyone's story, and an appreciation of the elders in our community that is so much a part of Care Partners.



- Cook County Community Fund
- Lloyd K Johnson Foundation
- Medica Foundation
- Northland Foundation
- North Shore Health Care Foundation
- Bethlehem Lutheran Church Women
- First and Second Thrift Store
- Grand Marais Lioness Club
- Terra Bella Floral
- West End Garden Club
- Katie & Doug Anderson
- Paulette Anholm
- Gary & Mary Atwood
- Robert & Maureen Bazzett
- Beth Benson
- Helena Blake
- Kaitlyn Bohlin
- Nikki Boostrom
- John & Barb Bottger
- Mickey & Dee Brazell
- Penny Bradovich
- Richard Buchheit
- Arlene D Carlson
- Bernard Carey
- Mike Carlson
- Bob Carter
- Kay Costello
- Nancy Dalbec
- Rollin & Georgene Daubanton
- Jeff Kern & Jenny Delfs
- Bev Denyes
- Becky D.Deschampe
- Malissa Deschampe
- Mary Deschampe
- Joan M Drury
- Drury Lane Books
- Patricia A Dunder
- East Bay Suites
- Lois & Betty Murray Eyinck
- Darrel & Orlene Fisher
- Dennis Fitzpatrick
- Tracy & Peggy Funk
- Chuck & Susan Futterer
- Gregory & Lori Gastecki
- John & Nancy Gerbozy
- Leonard & Lou Goodell
- Grand Portage Elderly Advisory Committee
- Kathleen Gray-Anderson
- Kay Grindland
- V Gustafson
- Lee Stewart & Karl Hansen
- Carol & Peter Harris
- Howard & Bonnie Gay Hedstrom
- Adam Helbach
- Tom & Renee Holien
- Tyler J Howell
- George & Cheryl Humphrey
- Harold Husby
- Peter & Mary Igoe
- Don Ingram
- Heidi Jacobsen
- Peter & Amy James
- Java Moose
- Mike & Sharon Jerabek
- Gerald & Janet Johansen
- Ethel Johnson
- Jayne & Rick Johnson
- Kathleen Johnson
- Beth Kennedy
- Arthur & Beth Kidd
- Mariilyn & Don Kufahl
- Skip & Linda Lamb
- Mike & Kathy Lande
- Debi LaMusga
- Donald & Carla La Pointe
- Jeannette Lindgren
- Roger & Maxine Linehan
- Donna & Orvis Lunke
- Lisa Luttinen
- Anne McKinsey
- John & Mary McElevy
- Jack & Sandy McHugh
- Terry & Judy Meath
- Sally & John Mellang
- James G Mohr
- Carol Mork
- BJ & Alice Muus
- Rick & Randi Nelson
- Cathy Nevers & Michael Sampson
- Nancy Starr & Steven Nielson
- Sue C Nordman
- Chris & Cameron Norman
- Phyllis Noyes
- Bill & Jan Parish
- Richard & Phyllis Parker
- Floyd & Diane Pearson
- Jean Perkins
- Gary & Judy Peterson
- Bennett & Mary Petz
- Rita Plourde
- Daryl & Laura Popkes
- Glenda M Potter
- Danny Prazak
- Jane Ranuum
- Sandra Sue Riley
- Gerald Robison
- Mary & Doug Sanders
- Glen & Judith Siegle
- Brian & Chris Silence
- Randy & Carolyn Sjogren
- Maria A Sheehan
- Ray & Eleanor Sjoberg
- Fred & Fran Smith
- Delores Spry
- Kathy & Scott Steinbach
- Dr. Loren & Becky Stoner
- Kathleen Sullivan
- Linda Swanson
- Ryan & Sherry Thompson
- Mildred Thoreson
- Lloyd & Nancy Thorgaard
- Linda Vanden Brook
- Russ & Kathleen Viton
- Cecelia Vondall
- Cydney Weiland
- Ken & Donna Wielinski
- James & Rebecca Wiinanen
- Susan Wiese
- Patricia Winchell-Dahl
- April & Chad Wolfe
- Russel & Caroline Wood
- Kimber Wraalstad
- Tom & Jodi Yuhasey
- Patricia Zankman
- Melissa Zuck

Memorials in Honor of

- Don Brazell
- Nancy Carlson
- Sylvia Haavisto
- Don Ingram
- Paul Johnson
- Bette McDonnell
- Alice Fox Ruth
- Mildred Thoreson