

# Cook County



## COMMUNITY SUPPORT

### Line

CALL (218) 877-7071

A listening ear and a connection to resources.

*Here for those who are:*



concerned  
about work or  
finances



feeling  
isolated or  
alone



disappointed  
about  
cancelled  
events



overwhelmed  
providing  
essential  
services



worried  
about getting  
sick



coping  
with care  
giving

*Free + Confidential*

Calls are answered Monday–Friday from 8 am–10 pm and  
Saturday–Sunday from 4 pm–10 pm

**If you are experiencing a mental health crisis call (218) 623-1800**

**If you are unsafe or need emergency medical care, call 911.**

