

Free Workshops from Cook County Extension

in partnership with Cook County Higher Ed and the Grand Portage Elder Program

Wednesday, August 31st & Thursday, September 1st

Who Gets Grandma's Yellow Pie Plate?

Paring down and deciding if and how to transfer personal possessions is inevitable when a family member downsizes, declutters, moves or dies. While it may seem simple, decisions about personal property can be challenging and lead to serious family conflicts. Learn how you can leave a legacy and manage family relationships while making decisions about your non-titled possessions.

Two options, same workshop—pick one location/time

Cook County Higher Education, Room 214

Online option via Zoom

Wednesday, August 31 • 4-6pm

Preregistration required—[go to www.mycche.org](http://www.mycche.org)

Grand Portage Community Center

Thursday, September 1 • 3:30-5:30pm

No preregistration required



Advance Care Planning

If you've been putting off preparing a Minnesota Health Care Directive or need to revisit your preferences this class is for you. Advance care planning is a gift to yourself and to others.

Cook County Higher Education, Room 214

online option via Zoom

Thursday, September 1 • 11am—noon

Preregistration required—[go to www.mycche.org](http://www.mycche.org)

When it's Family: Financial Exploitation of Older Adults

It is widely agreed that one of the most prevalent and growing types of elder abuse is elder family financial exploitation (EFFE), which occurs when a family member is involved in the illegal, unauthorized, or improper use of an elder's resources, including financial assets or property. EFFE is part of a larger emerging elder justice crises with unmeasured costs and consequences for older adults, their families, and society. Learn the facts about EFFE and lessons learned from those who have experienced it.

Two options, same workshop—pick one location/time

Cook County Higher Education, Room 214

with online option via Zoom

Thursday, September 1 • 1-2pm

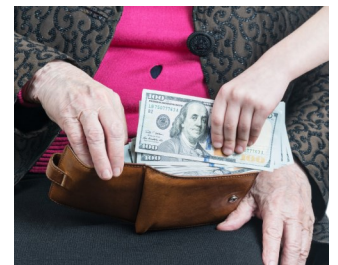
Preregistration required—[go to www.mycche.org](http://www.mycche.org)

Grand Portage Community Center

Wednesday, August 31

Lunchtime program • 11:30-12:30pm

No preregistration required



All workshops are FREE and presented by Sam Roth, UMN Extension Financial Capability Educator for Scott & Carver Counties. Sam is an Accredited Financial Counselor and has extensive experience teaching individuals and families about critical life skills and decision-making.

For more information visit www.mycche.org, or contact Cook County Community Center Director Sarah Waddle (218) 387-3015