#### **North Direction**

Represents The Winter

Cycle of Life: Elder Medicine: Sweetgrass Spirit Animal: Bear

Element: Fire

## West Direction

Represents the Fall

Cycle of Life: Adult

Medicine: Sage

Spirit Animal: Buffalo

Element: Water

#### **East Direction**

Represents the Spring

Cycle of Life: Infant Medicine: Tobacco Spirit Animal: Eagle

Element: Air

### South Direction

Represents the Summer

Cycle of Life: Youth

Medicine: Gedar

Flement: Farth

Jordan Porter/ Sr. Brave





Rhonnie Poyirier, Sr. Princess



# Chi Miigwech

Our trip to France has become a reality thanks to your generous donation!!

We embark on this cultural exchange on July 14th and

truly appreciate everyone's support and kindness.

Thank You so Thank you all the love all the love so much for all institute took you all the love and support the support your much Appreciated Socks Treval Thank you for all the support town much Appreciated to make the support Thanks on the support of the s

#### About Memory Keepers Medical Discovery Team:

The mission of the Memory Keepers Medical Discovery Team is to support an environment of Team Science to conduct community-based participatory action research on dementia in Indigenous and rural communities with the aim of achieving health equity.

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