



Upcoming Classes & Events

Updated 04.20.26



Connecting Caregivers
1st Wednesdays, 1pm
The Hub
Next gathering: May 6th

This monthly meeting provides an opportunity for caregivers to gather for casual conversation and mutual encouragement. Connecting Caregivers is open to anyone who is caring for an older friend or family member, near or far, and offers a chance to visit with others who share the caregiving journey. Led by Care Partners volunteers Kathy Reeves and Kay Costello, the gathering takes place at 1pm on the first Wednesday of each month at The Hub. No pre-registration to remember, no books to read, no homework to do – just come when you can for a cup of coffee, a moment of rest, and the gift of connection.

Grief Group

Grief is a journey, and you don't have to walk it alone. Drop in any time for reflection and supportive conversation.



3rd Monday of each month | 5:00–6:30pm
Care Partners offices
Meeting May 18th

Reframe Aging Monthly Roundtable

Third Mondays of the month
12:15-1:45pm | The Hub, Grand Marais



Drop in any time to discuss the book of the month or simply for lively, thoughtful conversation about aging

Next gathering - May 18th

May book selection:
“The Thursday Murder Club: A Novel”
by Richard Osman

Memory Café - May 21st

Memory Café is a free monthly gathering for people who are living with memory loss and those who are caring for them. The Café offers a safe, supportive, relaxed environment to enjoy light refreshments, casual conversation and friendly connections with others who know the memory loss journey first-hand. Each month we also invite a guest from the community to share a talent, hobby, or area of expertise – in May we will be joined by Master Gardener Gine Meissner! Join us Thursday, May 21 from 1:00– 2:30pm at The Hub. No preregistration needed, just stop in!




Lunch & Learn 4th Wednesdays, noon - 1pm

Free classes from Care Partners and Cook County Higher Education designed to support aging well in Cook County, featuring speakers from local and area organizations. . You can join us in person at Cook County Higher Education or online via Zoom. Thanks to our generous donors, those who attend in person can enjoy a free, light lunch!



Wednesday, April 22 Mining Memory Lane: Exploring Your Stories

Our lives are made of stories, from childhood games to holiday traditions, to grand adventures. Writer and storyteller Rose Arrowsmith will use prompts, guided visualization, and paired sharing techniques to help you tap into and start crafting your memories. This short workshop is a great way to kickstart recording family history or writing memoir, all while connecting with others through thoughtful conversation.



Wednesday, May 27 The Gift of Sight

For Healthy Vision Month we are pleased to be joined by Patty Stockdale from the UMD Department of Ophthalmology & Visual Neurosciences. Patty will help us learn about the Lion's Gift of Sight Program and provide a glimpse into current vision-related research. Cathy Everett from the Grand Marais Lion's Club will also share her own special experience with the Gift of Sight Program.



Spring Chore Days May 29-30, 2026

Connecting volunteers with Cook County older adult neighbors to help with spring chores such as raking leaves, planting flowers, and general yard or garage cleanup!

Contact Care Partners by May 15 to:

- Find out how you or your group can volunteer
- Ask about getting help with a spring chore

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