Who We Are

Care Partners began in 2010 as a community effort to provide end-of-life supportive services in Cook County. We have since grown to include a variety of programs designed to support community members all along the journey of aging and end-of-life.

Our staff and trained volunteers provide senior rides, help with chores, make friendly visits, assist with advance care planning, host aging-related classes and workshops, advocate for age-friendly initiatives and more.

We are honored to help our friends and neighbors affected by memory loss find the information, understanding, and support they need.

Connect With Us

For more information about dementia support and other Care Partners programs:

- Phone 218-387-3788
- Email info@carepartnersofcookcounty.org
- Visit carepartnersofcookcounty.org

Support Our Work

Volunteer
Touch the lives of your Cook County friends and neighbors! Volunteer to provide friendly visits, end- of-life vigils, rides, or help with chores.

Make a Contribution
Care Partners serves over 130 individuals annually. Your generous financial gift ensures that support is available to all those in need in Cook County. We welcome one-time or recurring donations. Other ways to give include making a qualified charitable distribution from your IRA, designating Care Partners as a beneficiary, or making a community match challenge.

Celebrate a Loved One
Honor a loved one by making a memorial gift or contribution that celebrates a birthday, anniversary, or other special occasion.

Care Partners of Cook County
PO Box 282 | 615 E Hwy 61
Grand Marais, MN 55604
218.387.3788

rev 03-26

Dementia Support

Help for people living with memory loss and those who care for them

Care Partners of Cook County

Care Coordination

Our Care Coordinators provide ongoing support in person or by phone to help you address challenges associated with memory loss.

- Understand more about conditions that affect the brain and memory, including Mild Cognitive Impairment, Alzheimer's Disease, and other dementias
- Discover tools and develop strategies to more effectively manage everyday tasks
- Identify and strengthen your formal and informal circles of support
- Think about and make plans to address potential future concerns
- Share your needs, worries, and desires with family and friends

Care Partners is proud to sponsor the **Cook County Memory Café**, a casual, once-a-month gathering for people experiencing memory loss and the family and friends who care for them. Most meetings feature simple activities or short presentations from community members and organizations.

Caregiver Support

Care Partners is here to support those on the journey of caregiving, while honoring their unique situations, strengths, and goals.

- Caregiver Coaches meet one-on-one to help you assess your needs and care for yourself while supporting a loved one with memory loss.
- Trained volunteers can provide safe, non-medical respite companionship to your loved one at home.
- A monthly Connecting Caregivers gathering creates safe space for rest, casual conversation, and mutual encouragement.
- Classes such as Powerful Tools for Caregivers feature effective, evidence-based curriculum from trusted sources

Community Engagement

We work to raise community awareness about dementia and memory loss through initiatives such as Dementia Friends and our support of the Grand Marais Walk to End Alzheimer's Disease.

We also encourage a broader conversation about issues related to aging by hosting gatherings such as our Lunch & Learn series, Reframe Aging Monthly Roundtable, Grief Support Group, and other community events and workshops.

Collaborative Partnerships

Care Partners works with many organizations to support our friends and neighbors along the journey of aging and end of life. Our community partners include:

- Alzheimer's Association - Duluth office
- Cook County Public Health & Human Services: In-Home Support and Adult Services programs
- Grand Portage Clinic
- Grand Portage Elderly Nutrition Program
- Grand Portage Human Services
- The Hub
- Lighthouse Center for Vital Living
- North Shore Health Home Care
- North Shore Hospital
- North Shore Health Care Center
- Sawtooth Mountain Clinic

Confidentiality

Care Partners staff and volunteers respect your privacy and will not share any information about you without your consent